

SPIRITUAL BLESSINGS IN CHRIST

New Testament Lesson #222

Paul begins this passage by giving praise to the God and Father of our Lord Jesus Christ. He goes on to explain that Christ has blessed us “in the heavenly realms with every spiritual blessing in Christ.”

Paul explains that God chose us before the world was created to be holy and blameless.

God also chose us to be adopted as his sons through Jesus Christ, as this brought pleasure to Him and it was God’s will that this should be so.

Verse 6 explains that God is gracious towards us because of Jesus (whom He loves) and so we should praise God.

We are saved through the lifeblood of Christ. Our sins are forgiven thanks to God who is gracious towards us and He is wise and understanding. God showed us His will through Christ and this gave Him pleasure.

When the time is right, God will do all that He has planned and everything in heaven and earth will be brought under the authority of Jesus.

Those who were in this church were chosen by God (through Christ), who plans things so that they conform to His will.

God did this so that we can bring honor and glory to Him.

When the Ephesians heard the word of truth (the gospel – which outlines the way to be saved), they were also included in God’s plans through Christ.

Paul tells the Ephesians that since they believed, they were given the Holy Spirit, which had been promised to them.

The Holy Spirit was given so that the Ephesians could be sure that they would be given what God has stored up for His people. They will then be saved and the people will bring God praise and honor.

POINTS TO CONSIDER:

- Paul begins his letter to the Christians in Ephesus with a powerful reminder of the main theme of his message: “Praise be to the God and Father of the Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.” (Ephesians 1:3, NIV)
- Verses 7 and 8 contain one of the most prominent themes in the Bible: how Christ died on the cross to set us free.
- Many of these teachings, which were directed to the Ephesians, are relevant to our lives today and the way we serve Christ.

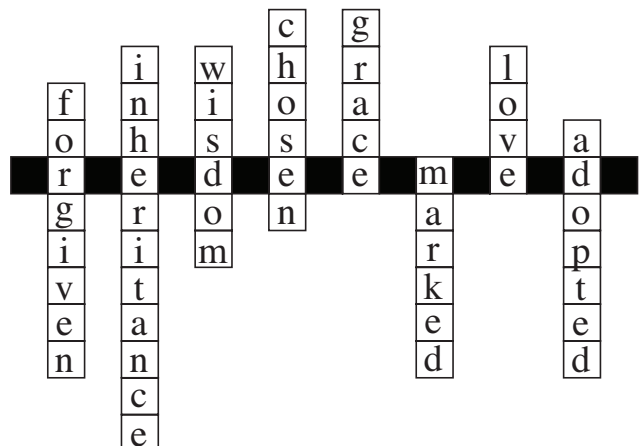
Spiritual Blessings in Christ

- I. Paul begins by giving praise to God, who he acknowledges as the Father of Jesus.
 - A. God chose us to be holy and blameless before the world was created.
 - B. Since God loved us, He chose us to be adopted as His sons through Jesus and this brought Him pleasure.
 - C. He shows us His grace because of Jesus and so we should praise God.
 - D. We can be saved thanks to Jesus’ lifeblood and be saved and our sins forgiven as God is gracious, understanding and wise.
 - E. We can understand God’s will because of Jesus. This pleases God.
 - F. When the time is right, all things will be put under Jesus’ authority.

- II. The members of the church in Ephesus were chosen through Jesus and this was God’s plan and will.
 - A. This was so that they could have a hope in Christ and praise God.
 - B. They could be included in Christ when they heard the word of truth, which is the gospel that saves.
 - C. Since the Ephesians believed, they were given the Holy Spirit, which guarantees that those who are God’s people will be saved.
 - D. This will bring glory, praise and honor to God.

ANSWER KEY:

Thank you God for FORGIVENESS and GRACE.



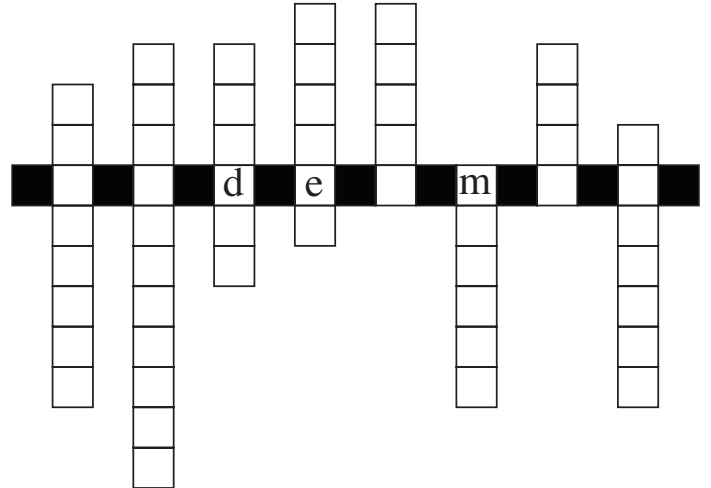
Christ brings spiritual BLESSINGS.

Praise be to the God and father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.



God gives spiritual blessings to the redeemed. Fit the blessings into the squares vertically.

- | | |
|----------|-------------|
| adopted | inheritance |
| chosen | love |
| forgiven | marked |
| grace | wisdom |



Complete the word search below. You will find them **↑ ↓ → ←**. Then arrange the underlined letters below to create an important message.

- FATHER
- GOD
- CHRIST
- JESUS
- BLESSED
- HEAVENLY
- SPIRITUAL
- BLAMELESS
- HOLY
- ADOPTED
- SONS
- PLEASURE
- WILL
- RICHES
- MYSTERY
- HEAVEN
- TRUTH
- SALVATION

S	P	L	E	A	S	U	R	<u>E</u>	N	E	T	M	N	W	G	T		D	<u>B</u>		
E	T	V	H	E	A	V	E	N	D	J	I	O	S	S	I	<u>S</u>		D	O		
H	E														Z	I		E	J		
C	S		L	Y	R	E	T	S	Y	M	D	S	T		Q	R		T	U		
I	X		B	X	A	E	R	C	Z	F	G	G	N		E	H		P	Z		
R	M		L	<u>S</u>							N	C		V	C		O	Z			
S	S		E	O		H	H	Y	O	R		W	F		P	N		D	H		
W	<u>S</u>		S	N		D	C	A	J	O		T	D		H	Q		A	<u>N</u>		
R	E		S	S		T	K		M	V		T	Z		O	Z		G	J		
Q	L		E	A		D	W		E	V		X	L		L	J		H	T		
W	E		D	T		D	Q					R	N		Y	E		K	O		
M	M		B	B		Y	<u>L</u>		N	E	V	A	E	H		O	S		G	R	
N	A		N	W		P	N	L	S	N	Y	J	R		L	U		F	Y		
S	L		M	I											A	S		O	Q		
P	B		A	L		F	O	H	U	P	<u>I</u>	G	P	M	R	O	I		L	I	
K	W		V	L		V	<u>G</u>		H	H	T	U	R	T	M	U	N	R		Q	E
V	C																		Q	Q	
I	N		D	E		L	S	P	I	R	I	T	U	A	L	T	B	G	O	D	B
R	F		M	S		A	L	V	A	T	I	O	N	V	R	E	H	T	A	F	Z

Christ brings spiritual _____.

Name _____

God blesses those who hear and believe
the gospel of salvation through Jesus.

Find some of the spiritual blessings in Christ by writing the beginning sounds.

Thank you God
for



and



Name _____