

PRAYER TO SAINT VINCENT FERRER

O Saint Vincent, glorious worker of miracles, who in thy lifetime didst convert so many sinners by preaching the last judgment, grant that we too, by meditating on the four last things, death, judgement, hell and heaven, may be enabled to obtain from the Almighty God through thine intercession, the healing of all our spiritual maladies. Let thy heart be tender toward us, and obtain for us those graces for the welfare of both soul and body, which we so earnestly ask of thee. Amen.

MORNING PRAYER

God, our Father, I offer you today all that I think and do and say. I offer it with what was done on earth by Jesus Christ, your Son. Amen.

PRAYER TO YOUR GUARDIAN ANGEL

Angel of God, My guardian dear. To Whom His love commits me here. Ever this day, be at my side, to light and guard, to rule and guide. Amen

ACT OF CONTRITION

O my God, I am heartily sorry for having offended you, and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend you, My God, who are all-good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance, and to amend my life. Amen.

PRAYER BEFORE MEALS

Bless us, O Lord, and these thy gifts, which we are about to receive from thy bounty, through Christ our Lord. Amen

PRAYER AFTER MEALS

We give thee thanks, for all thy benefits, Almighty God, who live and reign forever. Amen.

PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created and you shall renew the face of the earth.

Let us pray: O God, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit, help us to know what is truly right and always to rejoice in your consolation. We ask this through Christ, Our Lord. Amen.